

How to Order The Test

CNSDose can be ordered directly from

cnsdose.com

in **less than two minutes**.

After ordering, your at-home sample collection kit will arrive in the post with instructions. Once collected, you'll send the sample back to our accredited laboratory using the reply-paid envelope provided. Once we receive your sample, your test report will be ready in 3-5 business days and sent straight to your nominated doctor to discuss your results, symptoms, and medication recommendations.

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Incite Health is an Australian healthcare company dedicated to improving healthcare and supporting personalized medicine initiatives through our pharmacogenomics expertise.

Contact us:

info@incitehealth.com.au

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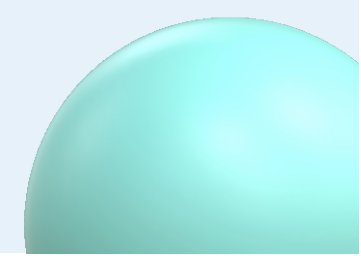
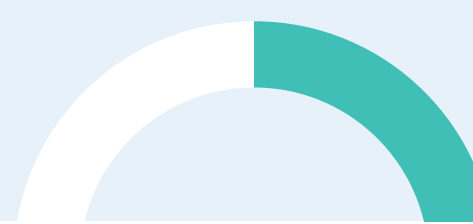
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Fast-track Finding The Right Medication.

OVER 98% of us have a gene variant that may impact a medication response, with **79% having three or more gene variants**.

Pharmacogenomics (PGx) is the science of how a patient's genetic make-up affects the way they respond to medications.

Incite Health offers a scientifically validated PGx solution called **CNSDose**, which analyses genes that control a drug's liver metabolism, as well as genes that enable a drug's transport across the blood brain barrier which is important for medications used to treat mental illness.



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Include Pharmacogenomics In Your Discussion

CNSDose helps to reduce trial and error of medication selection and dosage, significantly improving the lives of patients. **CNSDose** can be collected in the doctors' rooms or in the comfort of a patient's home. The test analyses genes that measure how medication is transported into the brain, together with the liver's ability to metabolise them. Ultimately, saving time and money by avoiding trial-and-error, helping both patients and doctors find the best medication and dosage.

**A Simple Cheek Swab
(No Needles)**

**Analyses 15 Genes, Important
For Liver Metabolism And
Blood-brain Barrier**

**An easy-to-understand
CNSDose report delivered
electronically to a nominated
doctor**

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What Makes CNSDose Different from other Genetic Tests?

Other tests analyse only your liver metabolism, but with **CNSDose** we analyse 15 genes that focus on liver drug metabolism, as well as drug transport across the blood-brain barrier, making **CNSDose** unique and more effective. By doing so, we're able to better understand how a medication enters the brain, specific to an individual's genetic makeup, and specifically for how to better guide medication selection.

CNSDose is performed in our NATA/RCPA accredited laboratory ensuring the highest levels of accuracy. We understand the importance of getting the results back fast and pride ourselves on offering the quickest result turn-around time in Australia being 3-5 business days from receipt of sample. We also provide reply-paid, express-post delivery back to our laboratory (if sent within Australia).

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The Power of CNSDose

Studies are proving the impact of PGx and precision guidance. **The CNSDose** test has previously undergone both a randomised control trial (RCT) and a replication study validating its clinical use. The RCT study found 72% participants whose antidepressant treatment was guided by **CNSDose** remitted their systems within 12 weeks compared to only 27% who were treated by conventional trial and error. The **CNSDose** test is currently being used in a large independent RCT study by the University of Melbourne at the Albert Road Clinic in Melbourne.

References:

Clinical Psychopharmacology and Neuroscience 2015;13(2):150-156

Pharmacogenetics and Genomics 2017, 27:1-6

The Lancet, Volume 401, Issue 10374, 4-10 February 2023, Pages 320-321