CNSDOSE TEST REPORT

CNSDose is an advanced tool for the genetic guidance of medications. CNSDose leverages knowledge of liver and blood-brain-barrier genetics, peer-reviewed publications, a randomised controlled trial, as well as non-genetic factors such as drug-drug interactions, lifestyle factors, blackbox warnings, PIM warnings and anticholinergic burden.

REPORT SUMMARY					
Patient name:	Test Test	Ordering physician:	Test Doctor	Report type:	Unapproved
Patient date of birth:	2022-06-05	Ordering facility:		Report approved by:	N/A
CNSDose report date:	2022-06-15				

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l		CYP3A5	Poor metaboliser	*3/*3		

CYP3A4	Normal metaboliser	*1/*1
CYP3A5	Poor metaboliser	*3/*3
SLC01B1	Decreased function	*1/*5
UGT1A1	Intermediate metaboliser	*1/*28
*BBB	Medium Efflux	М

*Blood-Brain Barrier

The complete list of test results can be found in the "Pharmacogenetic Results" section of the report.

CURRENT MEDICATIONS

The assessments below are based on the patients current/intended regimen as provided by the treating physician. To update, or to provide the patients current medication regimen please contact the laboratory at info@basepair.com.au.

	ALE	RTS	PRECAUTIONS						
Medication	Gene-Drug	Drug-Drug	Contraindication	Lifestyle	Blackbox	РІМ	Anticholinergic		
Citalopram	•	()	\bigtriangleup	\bigtriangleup	\bigtriangleup				
Codeine	•	()	\bigtriangleup	\bigtriangleup	\bigtriangleup				
Venlafaxine	•	()	\bigtriangleup	\bigtriangleup	\bigtriangleup				

Expanded Assessment

Medication		Туре	Description	Source					
Citalopram	•	Gene-Drug CYP2C19: PM	Results in higher systemic concentrations and adverse reaction risk (QT prolongation). The maximum recommended dose is 20 mg.						
	()	Drug-Drug Codeine	The risk or severity of serotonin syndrome can be increased when Codeine is combined with Citalopram.	DB					
	!	Drug-Drug Venlafaxine	The metabolism of Citalopram can be decreased when combined with Venlafaxine.	DB					
	\bigtriangleup	Contraindication	Known hypersensitivity to the drug or any of the ingredients With categories: Monoamine Oxidase Inhibitors With drugs: Pimozide	DB					
	\bigtriangleup	Lifestyle	Avoid alcohol. Avoid St. John's Wort. Take with or without food. The absorption is unaffected by food.	DB					
Codeine	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (inefficacy risk).	CPIC					
	!	Drug-Drug Citalopram	The risk or severity of serotonin syndrome can be increased when Codeine is combined with Citalopram.	DB					

🚯 Major prescribing alerts (Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

Current medications continued on next page

CURRENT MEDICATIONS (CONTINUED)

Medication		Туре	Description	Source
Codeine (continued)	!	Drug-Drug Venlafaxine	The metabolism of Codeine can be decreased when combined with Venlafaxine.	DB
		Contraindication	Known hypersensitivity to the drug or any of the ingredients Patient conditions: Obese or have conditions such as obstructive sleep apnea or severe lung disease, which may increase the risk of serious breathing problems; Age above 12 year; Age below 18 year Patient conditions: Ultrarapid Metabolizer Due to Cytochrome P450 CYP2D6 Variant; To treat cough in patients younger than 18 years old; Post Operative Pain Management in Children With Tonsillectomy/Adenoidectomy; Pain; Paralytic Ileus; Hypercarbia; Acute or severe bronchial asthma; Respiratory depression in the absence of resuscitative equipment	DB
	Δ	Lifestyle	Avoid alcohol. Take with food. Food reduces irritation.	DB
Venlafaxine Gene-Drug CYP2D6: PM	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	DPWG	
	!	Drug-Drug Citalopram	The metabolism of Citalopram can be decreased when combined with Venlafaxine.	DB
	!	Drug-Drug Codeine	The metabolism of Codeine can be decreased when combined with Venlafaxine.	DB
	<u>∧</u> Contrai		Known hypersensitivity to the drug or any of the ingredients With categories: Monoamine Oxidase Inhibitors	DB
		Lifestyle	Avoid alcohol. Prescribing information recommends the avoidance of alcohol during therapy. Avoid St. John's Wort. Co-administration of St. John's Wort may lead to additive serotonergic activity and an increased risk of serotonin syndrome. Take with food. Co-administration with food helps to alleviate/mitigate GI upset.	DB

\rm 🕒 Major prescribing alerts 🔃 Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

MEDICATION ASSESSMENTS

The psychotropic medication guidance detailed below is based on a combined analysis of the patient's hepatic and blood brain barrier genetics.

		DOSAGE		ALE	RTS		PRECAUT	IONS
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	PIM	Anticholinergic
Alzheimers								
Donepezil	•							
Galantamine	•							
Anti-ADHD agents								
Atomoxetine	•					\bigtriangleup		
Clonidine	•					\bigtriangleup		
Dexamfetamine	•					\bigtriangleup		
Guanfacine		•						
Lisdexamfetamine		•				\bigtriangleup		
Methylphenidate		•				\bigtriangleup		
Modafinil		•						
Antidepressants								
Agomelatine			•					
Amitriptyline				•		\triangle		\bigtriangleup

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

\rm 🕒 Major prescribing alerts (🛽 Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

Medication assessments continued on next page

CNSDose requisition number: IH-0000-0000-0014 / Patient name: Test Test / Patient date of birth: 2022-06-05 Sample identifier: Test09 / Lab director: Dr Keith Byron / Lab accreditation number: 020374

MEDICATION ASSESSMENTS (CONTINUED)

	DOSAGE			ALE	RTS	PRECAUTIONS		
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	РІМ	Anticholinergic
Antidepressants (continue	d)							
Bupropion		•				\bigtriangleup		
Citalopram				•	()	\bigtriangleup		
Clomipramine				•		\bigtriangleup		
Desipramine				•		\bigtriangleup		\bigtriangleup
Desvenlafaxine		•				\bigtriangleup		
Dothiepin	•							\bigtriangleup
Doxepin				•		\bigtriangleup		\bigtriangleup
Duloxetine		٠				\bigtriangleup		
Escitalopram				•		\bigtriangleup		\bigtriangleup
Fluoxetine	•					\bigtriangleup		\bigtriangleup
Fluvoxamine	•					\bigtriangleup		
Imipramine				•				\bigtriangleup
Mianserin	•							
Milnacipran		•				\bigtriangleup		
Mirtazapine	•					\bigtriangleup		

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Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

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Medication assessments continued on next page

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MEDICATION ASSESSMENTS (CONTINUED)

	DOSAGE			ALE	RTS	PRECAUTIONS				
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	PIM	Anticholinergic		
Antidepressants (continued)										
Moclobemide	•									
Nortriptyline				•		\bigtriangleup		\bigtriangleup		
Paroxetine				•		\bigtriangleup		\bigtriangleup		
Reboxetine		•								
Sertraline	•					\bigtriangleup				
Venlafaxine				•	()	\bigtriangleup				
Vortioxetine	•					\bigtriangleup				
Antipsychotics										
Amisulpride		•								
Aripiprazole	•					\bigtriangleup		\bigtriangleup		
Asenapine		•				\bigtriangleup				
Brexpiprazole	•					\bigtriangleup				
Cariprazine	•					\bigtriangleup				
Chlorpromazine	•							\bigtriangleup		
Clozapine	•			\bigtriangleup		\bigtriangleup		\bigtriangleup		

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

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Medication assessments continued on next page

CNSDose requisition number: IH-0000-0000-0014 / Patient name: Test Test / Patient date of birth: 2022-06-05 Sample identifier: Test09 / Lab director: Dr Keith Byron / Lab accreditation number: 020374

MEDICATION ASSESSMENTS (CONTINUED)

		DOSAGE ALERTS			RTS	PRECAUTIONS		
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	PIM	Anticholinergic
Antipsychotics (continued)								
Haloperidol	•					\bigtriangleup		
Lurasidone		•				\bigtriangleup		
Olanzapine		•				\bigtriangleup		\bigtriangleup
Paliperidone	•					\bigtriangleup		
Quetiapine		•				\bigtriangleup		\bigtriangleup
Risperidone	•					\bigtriangleup		
Ziprasidone		•				\bigtriangleup		\bigtriangleup
Anxiolytics & Hypnotics								
Alprazolam		•				\bigtriangleup		
Bromazepam		•						
Buspirone		•						
Clobazam	•					\bigtriangleup		
Clonazepam		•						
Diazepam	•					\bigtriangleup		
Diphenhydramine	•							\bigtriangleup

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

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Medication assessments continued on next page

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MEDICATION ASSESSMENTS (CONTINUED)

		DOSAGE ALERTS			RTS	PRECAUTIONS					
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	РІМ	Anticholinergic			
Anxiolytics & Hypnotics (continued)											
Flunitrazepam		•									
Melatonin			•								
Midazolam		•				\bigtriangleup					
Nitrazepam		•									
Propranolol	•										
Suvorexant		•									
Temazepam		•				\bigtriangleup					
Zolpidem		•				\bigtriangleup					
Zopiclone		•									
Mood stabilizers / Anticon	vulsants										
Brivaracetam	•										
Carbamazepine		•		\bigtriangleup		\bigtriangleup					
Lamotrigine		•				\bigtriangleup		\bigtriangleup			
Perampanel		•				\bigtriangleup					
Rufinamide		•									

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

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Medication assessments continued on next page

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MEDICATION ASSESSMENTS (CONTINUED)

	DOSAGE			ALE		PRECAUTIONS				
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	РІМ	Anticholinergic		
Mood stabilizers / Anticonvulsants (continued)										
Topiramate		•								
Valproate (Valproic acid)		•				\bigtriangleup				
Other Psychotropic										
Bromocriptine		٠								
Cabergoline		•								
Dapoxetine		•								
Disulfiram		•				\bigtriangleup				
Naloxone		•								
Naltrexone		•				\bigtriangleup				
Nicotine		•								
Rasagiline		•								
Ropinirole		•								
Rotigotine		•								
Selegiline		•								

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

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MEDICATION ASSESSMENTS (CONTINUED)

	DOSAGE			ALE	RTS	PRECAUTIONS		
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	PIM	Anticholinergic
Non-psychotropic								
Atazanavir								
Carvedilol				()				
Celecoxib						\bigtriangleup		
Clopidogrel				•		\bigtriangleup		
Codeine				•	(!)	\bigtriangleup		
Efavirenz						\bigtriangleup		
Esomeprazole				(!)		\bigtriangleup		
Flecainide				(!)		\bigtriangleup		
Flurbiprofen						\bigtriangleup		
Gefitinib				(!)				
Irinotecan						\bigtriangleup		
Lansoprazole								
Metoclopramide				(!)		\bigtriangleup		
Metoprolol				(!)		\bigtriangleup		
Omeprazole				()				

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

\rm 🕒 Major prescribing alerts (🛽 Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

Medication assessments continued on next page

CNSDose requisition number: IH-0000-0000-0014 / Patient name: Test Test / Patient date of birth: 2022-06-05 Sample identifier: Test09 / Lab director: Dr Keith Byron / Lab accreditation number: 020374

MEDICATION ASSESSMENTS (CONTINUED)

	DOSAGE			ALE	RTS	PRECAUTIONS			
Medication	Lower	Average	Higher	Gene-Drug	Drug-Drug	Blackbox	PIM	Anticholinergic	
Non-psychotropic (contine	ued)								
Ondansetron									
Oxycodone						\bigtriangleup			
Pantoprazole									
Phenytoin						\bigtriangleup			
Piroxicam						\bigtriangleup			
Raltegravir									
Rosuvastatin									
Simvastatin				•					
Tacrolimus				0		\bigtriangleup			
Tamoxifen				•		\bigtriangleup			
Tramadol				()		\bigtriangleup		\bigtriangleup	
Voriconazole				•		\bigtriangleup			
Warfarin						\bigtriangleup			

The medications listed below are associated with major gene-drug prescribing alerts. Avoidance may be clinically appropriate, as directed by FDA, CPIC or DPWG guidelines.

Amitriptyline, Citalopram, Clomipramine, Clopidogrel, Codeine, Desipramine, Doxepin, Escitalopram, Imipramine, Nortriptyline, Paroxetine, Simvastatin, Tamoxifen, Venlafaxine, Voriconazole

\rm D Major prescribing alerts (D Moderate prescribing alerts 🔷 Standard prescribing alerts 🛆 Additional precautions to consider

CNSDose requisition number: IH-0000-0000-0014 / Patient name: Test Test / Patient date of birth: 2022-06-05 Sample identifier: Test09 / Lab director: Dr Keith Byron / Lab accreditation number: 020374

MEDICATION ALERTS

Medications listed below may be associated with significant gene-drug or drug-drug prescribing alerts, as directed by FDA, CPIC or DPWG guidelines. Avoidance may be indicated, please review carefully.

Medication		Туре	Description	Source
Amitriptyline	0	Gene-Drug CYP2C19: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Carbamazepine	\bigtriangleup	Gene-Drug	HLA testing recommended in patients of Asian ethnicity.	FDA
Carvedilol	()	Gene-Drug CYP2D6: PM	Results in higher systemic concentrations and higher adverse reaction risk (dizziness).	FDA
Citalopram	•	Gene-Drug CYP2C19: PM	Results in higher systemic concentrations and adverse reaction risk (QT prolongation). The maximum recommended dose is 20 mg.	FDA
	()	Drug-Drug Codeine	The risk or severity of serotonin syndrome can be increased when Codeine is combined with Citalopram.	DB
	()	Drug-Drug Venlafaxine	The metabolism of Citalopram can be decreased when combined with Venlafaxine.	DB
Clomipramine	0	Gene-Drug CYP2C19: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Clopidogrel	0	Gene-Drug CYP2C19: PM	Results in lower systemic active metabolite concentrations, lower antiplatelet response, and may result in higher cardiovascular risk. Consider use of another platelet P2Y12 inhibitor.	FDA
Clozapine	\bigtriangleup	Gene-Drug	Serum level monitoring recommended.	FDA
Codeine	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (inefficacy risk).	CPIC

🚯 Major prescribing alerts (Moderate prescribing alerts 🔷 Standard prescribing alerts 🛆 Additional precautions to consider

Medication alerts continued on next page

MEDICATION ALERTS (CONTINUED)

Medication		Туре	Description	Source
Codeine (CONTINUED)	()	Drug-Drug Citalopram	The risk or severity of serotonin syndrome can be increased when Codeine is combined with Citalopram.	DB
	!	Drug-Drug Venlafaxine	The metabolism of Codeine can be decreased when combined with Venlafaxine.	DB
Desipramine	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Doxepin	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
	0	Gene-Drug CYP2C19: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Escitalopram	•	Gene-Drug CYP2C19: PM	Consider dose reduction (tolerability risk). In adults up to 65 years, do not exceed 20mg/day as tablets or 16mg/day as drops. In adults 65 years or older, do not exceed 10mg/day as tablets or 8mg/day as drops. (QTc prolongation risk).	DPWG
Esomeprazole	(!)	Gene-Drug CYP2C19: PM	Results in higher systemic concentrations.	FDA
Flecainide	(!)	Gene-Drug CYP2D6: PM	Consider 50% reduction of standard dose (tolerability risk). Therapeutic drug monitoring recommended.	DPWG
Gefitinib	!	Gene-Drug CYP2D6: PM	Results in higher systemic concentrations and higher adverse reaction risk. Monitor for adverse reactions.	FDA
Imipramine	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
	0	Gene-Drug CYP2C19: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Metoclopramide	(!)	Gene-Drug CYP2D6: PM	Results in higher systemic concentrations and higher adverse reaction risk. The recommended dosage is lower. Refer to FDA labeling for specific dosing recommendations.	FDA

🚯 Major prescribing alerts () Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

Medication alerts continued on next page

MEDICATION ALERTS (CONTINUED)

Medication		Туре	Description	Source
Metoprolol	(!)	Gene-Drug CYP2D6: PM	Results in higher systemic concentrations.	FDA
Nortriptyline	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Omeprazole	!	Gene-Drug CYP2C19: PM	Results in higher systemic concentrations.	FDA
Pantoprazole	()	Gene-Drug CYP2C19: PM	Results in higher systemic concentrations. Consider dosage reduction in children who are poor metabolizers. No dosage adjustment is needed for adult patients who are poor metabolizers.	FDA
Paroxetine	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	CPIC
Simvastatin	0	Gene-Drug SLC01B1 / rs4149056: T/C	Where clinically appropriate consider an alternative agent (toxicity risk).	DPWG
Tacrolimus	0	Gene-Drug CYP3A5: PM	Standard dosing appropriate. Therapeutic drug monitoring recommended.	CPIC
Tamoxifen	0	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (inefficacy risk).	CPIC
Tramadol	(!)	Gene-Drug CYP2D6: PM	Consider dose elevation (inefficacy risk).	DPWG
Venlafaxine	9	Gene-Drug CYP2D6: PM	Where clinically appropriate consider an alternative agent (toxicity risk).	DPWG
	!	Drug-Drug Citalopram	The metabolism of Citalopram can be decreased when combined with Venlafaxine.	DB
	(!)	Drug-Drug Codeine	The metabolism of Codeine can be decreased when combined with Venlafaxine.	DB
Voriconazole	0	Gene-Drug CYP2C19: PM	Where clinically appropriate consider an alternative agent.	CPIC

\rm 🕒 Major prescribing alerts 🔃 Moderate prescribing alerts 🛛 Standard prescribing alerts 🛆 Additional precautions to consider

PHARMACOGENETIC RESULTS

Requisition number:	IH-0000-0000-0014	Clinical testing performed by:	Lab director:	Dr Keith Byron
Patient name:	Test Test	BasePair Genomics	Lab accreditation number:	020374
Patient date of birth:	2022-06-05	PO Box 8004, Burwood Heights		
Sample identifier:	Test09	VIC 3151, Australia		
Sample collection date:	2022-06-08			
Received at lab date:	2022-06-09			

TEST RESULTS

ABCB1	
rs1045642	A/A
rs2032582	A/A
rs2229109	C/C
ABCC1	
rs212090	T/T
ABCG2	
rs2231137	C/C
rs2231142	T/T
СОМТ	
rs4680	G/A
OPRM1	
rs1799971	A/A
VKORC1	
rs9923231	C/C

CYP1A2	Rapid metaboliser	*1A/*1F
CYP2B6	Normal metaboliser	*1/*1
CYP2C19	Poor metaboliser	*2/*2
CYP2C9	Normal metaboliser	*1/*1
CYP2D6	Poor metaboliser	*4/*5
СҮРЗА4	Normal metaboliser	*1/*1
СҮРЗА5	Poor metaboliser	*3/*3
SLC01B1	Decreased function	*1/*5
UGT1A1	Intermediate metaboliser	*1/*28

HOW TO USE THIS REPORT

DOSING GUIDELINES

In the "Medication Assessments" section of the report, the dosage columns "Lower", "Average" and "Higher" describe the dose range at which the medications are likely to be tolerable and effective for the patient, where:

Less preferred

LOWER DOSE

Genetically for this patient, the medications listed are likely tolerable and effective at the very low end of the recommended dose range.

Preferred AVERAGE DOSE

Genetically for this patient, the medications listed are likely tolerable and effective at average recommended doses, so may be preferred.

Less preferred HIGHER DOSE

Genetically for this patient, the medications listed are likely tolerable and effective at the very high end of the recommended dose range. Upward dose titration may be clinically appropriate.

Prescribers can use the dosing guidelines in one of three recommended ways:

Option 1: Where the patient has already started on a medication, if the selected medication comes back in the lower-dose column, no need to increase the dose - await efficacy to emerge over the subsequent month. If the selected medication comes back in the average-dose column, escalate the dose to the average manufacturer recommended dose and await efficacy to emerge over the subsequent month. If the selected medication comes back in the higher-dose column, escalate the dose to the high end of the manufacturer recommended dose range (as tolerated) and await efficacy to emerge over the subsequent month. As non-genetic factors will significantly effect dosing in some patients, always continue to use clinical acumen in dosing.

Option 2: If medications are listed in the average-dose column, select one of these medications and initiate at average manufacturer recommended dose - await efficacy to emerge over the subsequent month. There remains scope for the dose to be adjusted up or down if non-genetic factors impact optimal clinical dosing.

Option 3: If no medications are listed in the average-dose column, select a medication in the lower-dose column, initiate at a low dose and await a month for efficacy to emerge. If all medications are listed in the higher-dose column (high hepatic and BBB block) start a medication at average dose and after a few days escalate the dose (as tolerated) toward the upper end of the manufacturer recommended dose range, then await efficacy to emerge over the subsequent month.

REPORT KEYS

Phenotype abbreviations

- **UM** Ultrarapid metaboliser
- RM Rapid metaboliser
- NM Normal metaboliser
- IM Intermediate metaboliser
- PM Poor metaboliser

- lcons
- Major prescribing alerts
- () Moderate prescribing alerts
- Standard prescribing alerts
- ∧ Additional precautions to consider

Guideline source

- DB DrugBank / www.drugbank.ca
- FDA U.S. Food & Drug Administration / www.fda.gov
- **CPIC** Clinical Pharmacogenetics Implementation
- Consortium / www.cpicpgx.org
 DPWG Dutch Pharmacogenetics Working Group /
 www.upgx.eu

PIM: "Potentially Inappropriate Medications" warnings apply to patients 65 years of age, or older.

Not evaluated: Any medication listed in the patients current/intended regimen that is not included in the current CNSDose panel; such medications are not evaluated for genedrug interactions.

DISCLAIMERS

METHODOLOGY

Analysis was performed using methods developed and validated by BasePair Genomics. Patient genomic DNA was analyzed by the MassARRAY® System using primers and probes designed by Agena Bioscience and BasePair Genomics. This assay detects the variants and alleles listed below.

CYP2D6 *2, *3, *4, *5, *6, *7, *8, *9, *10, *11, *12, *14A, *14B, *15, *17, *18, *19, *20, *29, *36, *41 and duplications & hybrids. CYP2C9 *2, *3, *4, *5, *6, *8, *11, *12, *13, *15 **CYP2C19** *2, *3, *4, *5, *6, *7, *8, *17 CYP1A2 *1A, *1C, *1F, *1K, *7, *11 CYP3A4 *2. *17. *22 CYP3A5 *2, *3, *6, *7 CYP2B6 *6, *18 UGT1A1 *28, *36, *37 ABCB1 rs1045642, rs2032582, rs2229109 ABCC1 rs212090 ABCG2 rs2231137, rs2231142 СОМТ rs4680 **OPRM1** rs1799971 SLC01B1 rs4149056 VKORC1 rs9923231

ASSAY LIMITATIONS

Rare variants not detected by this assay may be present but not reported. Such undetected genetic and/or non-genetic factors such as drug-drug interactions, may impact the phenotype.

Test performance may be limited by the presence of PCR inhibitors in the patient's sample or by a low quantity or quality of extracted DNA. These interferents and limitations typically produce failure to amplify (no result) rather than an inaccurate result. The presence of rare or otherwise unidentified nearby variants may also affect test performance at the targeted locations. Test results and clinical interpretation may be inaccurate in patients who have undergone tissue transplant therapy.

DISCLAIMERS (CONTINUED)

LIABILITY DISCLAIMERS

Warning: All medication decisions & adjustments must be in consultation with the treating clinician.

*Genetic guidance is from combined hepatic metaboliser and blood-brain-barrier permeability status. Non-genetic factors influence central nervous system (CNS) bioavailability & dosing. Renal & hepatic impairment, brain trauma, & advanced age may necessitate dose reduction. Medication interactions, smoking and certain foods may influence dosing. The clinical utility of CNSDose is based on level 1b evidence – a double blind randomized controlled trial with narrow confidence intervals [1, 2]. The report is over 85% accurate in determining Desvenlafaxine dosage for remission in Caucasians with co-morbidity free depression [3]. Utility in other ethnicities is undetermined. Efficacy of CNSDose in depression with comorbidities has not been established, but is currently being studied. The report is to be used as just one optional part of the clinical decision making process [3-6]. Regular review by an experienced clinician is needed to gauge efficacy, tolerability, and safety of medication [3-6]. The report is clinical grade (not investigational) and complies with relevant jurisdictional partner laboratory regulations. Bupropion, Citalopram, Levomilnacipran, Trazodone, Vilazodone, & Vortioxetine were not included in the original clinical trials which only examined the report listed antidepressants. [1,2]. However, guidance is based on the same methods used in the clinical trials, but such guidance should be used with greater caution. Some listed medications may not be available in certain countries. United States prescribers to consider 'pharmacogenomic biomarkers in drug labelling': https://www.fda.gov/drugs/science-and-research-drugs/table-pharmacogenomic-biomarkers-drug-labeling. CNSDose is a registered trademark, with patent pending. Copyright © 2022, CNSDose.

[1] Singh AB (2015). Improved antidepressant remission in major depression via a pharmacokinetic pathway polygene pharmacogenetic report. Clinical Psychopharmacology Neuroscience, 13.2:150. [2] Bousman CA & Hopwood M (2016). Commercial pharmacogenetic-based decision-support tools in psychiatry. The Lancet Psychiatry, 3.6:585-590. [3] van Westrhenen, Roos, et al. (2021) "Policy and Practice Review: A First Guideline on the Use of Pharmacogenetics in Clinical Psychiatric Practice." Frontiers in pharmacology 12: 187. [4] Malhi, Gin S., et al. (2021) "The 2020 Royal Australian and New Zealand College of Psychiatrists clinical practice guidelines for mood disorders." Australian & New Zealand Journal of Psychiatry 55.1 : 7-117. [5] Eap, C. B., et al. (2021) "Tools for optimising pharmacotherapy in psychiatry (therapeutic drug monitoring, molecular brain imaging and pharmacogenetic tests): focus on antidepressants." The World Journal of Biological Psychiatry : 1-68. [6] Arranz, M. J., Salazar, J., & Hernández, M. H. (2021). Pharmacogenetics of antipsychotics: Clinical utility and implementation. Behavioural Brain Research, 401, 113058.